



**New Behavioral  
Network-Delaware Inc.**

## 24/7 Dad®

**The 24/7 Dad® Program is an evidence based program for fathers who want to improve their relationship with their children and family.**

**12 two-hour sessions per course  
Day or evening sessions available**



**From a 24/7 Dad® Alumni**

**“...’24/7 DAD’ set an example of structure around the basic skills I already possessed. Which helped build the foundation of ‘Who I Am’ and ‘What I Am’ to become the hero in my children’s lives as the strength, the defender, also the impact of empowerment.”**

- **Job Training/Resume Building/Interview Skills**
- **Network with other dads**
- **Graduation Ceremony**
- **Alumni Program**



**Small Groups with  
Certified Facilitators**

**Skills you will learn:**

- **Self-awareness**
- **Self-caring**
- **Parenting skills**
- **Father skills**
- **Relationship skills**

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